

Provisional Taekwondo Schedule

(Subject to change)

Date	Time	Subject	Place
26th July (Tuesday)	All day	Arrival - Registration / Accreditation Medical-check	Institute of Physics Lodz University of Technology B14 Address: Poland, 90-924, Lodz, Wolczanska 219
27th July (Wednesday)	09:00-20:00 h	Athlete Training – Kyorugi & Poomsae (See Training schedule)	Politechniki 10 (Underground)
	16:30-18:00 h	General Technical Meeting (GTM) Poomsae Drawing of Lots & Start List Poomsae & Kyorugi Info	Institute of Physics Lodz University of Technology B14 Address: Poland, 90-924, Lodz, Wolczanska 219
28th July (Thursday) Competition Day 1	10:00–17:00 h	Poomsae Competitions – D I (Recognized Poomsae & Free Style Poomsae) Awarding Ceremony	MOSIR Skorupki 21, Lodz
	09:00-20:00 h	Athlete Training - Kyorugi (See Training schedule)	Politechniki 10 (Underground)
	07:30-08:30 h 20:00 h	Weigh – in for the Categories on Friday Pool List for the categories on Friday	MOSIR Skorupki 21, Lodz
29th July (Friday) Competition Day 2	10:00-19:00 h	Kyorugi Competitions – D II M - 54 kg F - 49 kg M - 63 kg F - 57 Kg M - 74 kg F - 53 kg M - 68 kg F - 62 Kg Awarding Ceremony	MOSIR Skorupki 21, Lodz
	09:00-20:00 h	Athlete Training - Kyorugi (See Training schedule)	Politechniki 10 (Underground)
	07:30-08:30 h 20:00 h	Weigh – in for the Categories on Saturday Pool List for the categories on Saturday	MOSIR Skorupki 21, Lodz
30th July (Saturday) Competition Day 3	10:00-16:00h	Kyorugi Competitions – D III M - 58 kg F - 46 kg M - 87 kg F - 73 Kg M - 80 kg F - 67 kg M + 87 kg F + 73 Kg Awarding Ceremony	MOSIR Skorupki 21, Lodz
		Closing Ceremony	Sport Arena
31st July (Sunday)	All day	Departure	

Lunch Time: 12:00 – 15:00 h

Dinner Time: 18:30 – 22:30 h

Taekwondo - WEIGH IN

Updated schedule (GTM)

MOSiR Skorupki Hall

Adress: Skorupki 21

28.07 Thursday 07:30-08:30

Kyorugi Competitions – D II

M - 54 kg F - 49 kg M - 63 kg F - 57 Kg

M - 74 kg F - 53 kg M - 68 kg F - 62 Kg

29.07 Friday 07:30-08:30

Kyorugi Competitions – D III

M - 58 kg F - 46 kg M - 87 kg F - 73 Kg

M - 80 kg F - 67 kg M + 87 kg F + 73 Kg